

Certified Aromatherapy Safety Professional (CASP)[™] Workshop

Overview

The Certified Aromatherapy Safety Professional (CASP)[™] micro-credential provides training in the latest research on essential oil safety and methods of administration with a particular focus on topical applications. This comprehensive, micro-credential provides critical aromatherapy safety training for today's product formulators, practitioners, retailers, distributors, and consumers. This credential is also important for growers and producers to understand the influence of cultivation practices on the efficacy and value of the final product.

Training focuses on critical areas of aromatherapy safety and administration including:

- How essential oils can cause allergic reactions
- Importance of proper storage of essential oils and carrier oils
- First aid guidelines for aromatherapy
- How to mitigate adverse reactions
- Toxicology in aromatherapy
- And related topics for a comprehensive foundation

Workshop Schedule

Following is a proposed schedule for this full-day comprehensive aromatherapy certification course:

Time	Lecture Title
9:00 - 9:30 am	Welcome and Introductions
9:30 - 10:30 am	History of Clinical Aromatherapy & Market Trends
10:30 - 10:45 am	Break
10:45 am - 12:00 pm	Aromatherapy: Are Quality, Value, and Safety Related?
12:00 - 1:00 pm	Lunch
1:00 - 2:00 pm	First Aid Guidelines with a Focus on Topical Application
2:00 - 3:00 pm	Safety During Pregnancy & Metabolism and Elimination Toxicology
3:00 - 3:15 pm	Break
3:15 - 4:30 pm	Administration for Topical, Inhalation, and Internal Methods of Use
4:30 - 5:00 pm	Final FAQs and Training Wrap-Up